

Apollo Future Check

(The customised health check for you.)

A comprehensive health check for people too busy with their present to worry about their future. Specially put together as an imperative for today's top decision-makers, this screening pack will assess your unique healthcare needs, highlights the risks you face, and guide you with necessary preventive action.

A decision-maker who's hard-pressed for time needs a healthcare solution that's not only quick and easy to access, but also customised to his requirements.

Which is precisely what the Apollo Future Check is all about.

It offers you a comprehensive basket of customised tests, as well as consultation and advice, ensuring you not only know about your health status, but are armed with what you need to do in order to address the risks you face.

- I. Elicitation of detailed medical history on current health status, present complaints, past medical history, family history, lifestyle, habits, stress levels; It also includes assessment of the ageing process, vaccination history, cancer screening etc.
- II. Detailed physical examination of the entire body by different specialists.
- III. Anthropometry: Height, weight measurement, BMI, waist circumference.
- IV. Consultations: Physical examination and advice by Consultant Physician, Gynaec / Surgical Checkup, Cardiac Consult, Ophthal Checkup, ENT Consult, Dental Consult, Oncology Consult, Cosmetic Dermatology evaluation and consultation with Dietician.
- V. Investigations:

Haemogram:

Haemoglobin
PCV
RBC
MCHC, MCV, MCH
Total WBC
Differential Count
Peripheral Smear
Platelet Count

Diabetic Profile:

Fasting Blood Sugar
Post Glucose / PP Blood Sugar
HbA1C
Urine Micral (for diabetics)

Cardiac Profile

ECG (Resting)
Echocardiogram